

**Kirkland FC**  
**Assumption of Risk; Release of Liability; Indemnification; Publicity Release**

I, the undersigned, in consideration for the opportunity to play for Kirkland FC, agree as follows:

1. **Assumption of Risk.** I understand and agree playing for Kirkland FC involves my participation in individual or team physical exercise or activities with other Kirkland FC players, and that such sports or activities involve dangerous risks and hazards that may result in my injury or even death. I am aware of the risks and hazards of participating in team athletics. I also understand and agree that during my participation damage or loss to my personal property may occur either due to the environment or my own acts or omissions or the acts or omissions of others. I understand and agree that I am solely responsible for the protection and security of my personal property. I knowingly and voluntarily assume all risks of playing for Kirkland FC, including but not limited to, injury sustained through forces of nature, falling, slipping, collisions, impacts or other causes and any other accident or illness that may occur arising from or related to practices, trainings or games and any damage or loss to my personal property. I agree to follow the policies, procedures and guidelines of Kirkland FC, and to participate and facilities in a safe and appropriate manner. I acknowledge that Kirkland FC encourages me to consult with my physician before participating in any fitness activities with Kirkland FC, and to wear a medical alert bracelet or neck tag indicating any medical information I think appropriate.
2. **Release of Liability; Indemnification.** On behalf of myself, my heirs, legal representatives, and assigns, I release and agree to indemnify Kirkland FC, and its directors, officers, administrators, employees, volunteers, coaches and other agents (all collectively referred to as "Releasees") from all claims, damages and other liability for any injuries, loss of life, property loss or other damage I may sustain arising from or related in any way to my participation on the team (collectively referred to as "Claims"), even if arising out of the negligence on the Releasees. Provided, however, the provisions of this Section 2 do not apply to Claims against a Release arising out of such Release's intentional misconduct or gross negligence.
3. **Insurance.** I have adequate accident and health insurance, and I agree that such insurance shall be in effect at all times during which I participate in use of the fitness center. I agree that I shall not hold Kirkland FC responsible for such insurance coverage.
4. **Photography/Publicity Release.** I hereby give to Kirkland FC my permission and all rights to copyright, use, publish, exhibit, display, broadcast or print (in any medium) my image, name and any interview comments or responses in connection with any Kirkland FC publication (whether in print, electronic or other form, and whether posted on the Internet or otherwise published) or in connection with any Kirkland FC promotional purpose. I understand I will receive no additional compensation or consideration for such permission and rights.

**NOTE: READ CAREFULLY BEFORE SIGNING. THIS DOCUMENT CONTAINS A RELEASE OF CLAIMS.**

Participant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ E-mail: \_\_\_\_\_

Address: \_\_\_\_\_